



BOARD POLICY	
<i>Approval Date</i> <b>2019</b>	<i>Replacing</i> <b>All previous policies</b>
<i>Review Date</i> <b>2024</b>	<i>Page</i> <b>1</b>
<i>Contact Person/Department</i> <b>Superintendent of Learning</b>	<i>Identification</i> <b>ES-5566</b>

## **CONCUSSIONS – RETURN TO SCHOOL, RETURN TO PHYSICAL ACTIVITY**

Trillium Lakelands District School Board (TLDSB) recognizes that children and adolescents are among those at greatest risk for concussions and that while there is potential for a concussion any time there is body trauma, the risk is greatest during activities where collisions can occur, such as during physical education (PE) class, playground time, or school-based sports activities.