

**Presentations**

**Feed All Four**

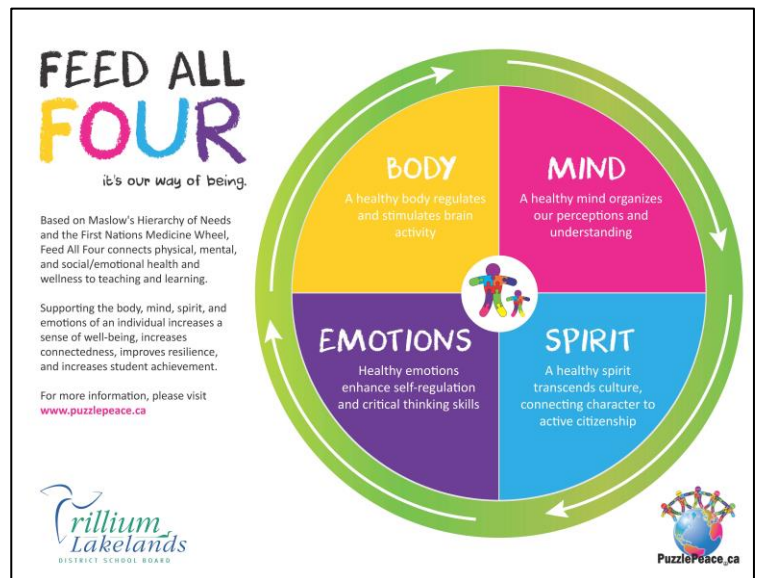
“Feed all Four” was introduced to trustees as a way of being in TLDSB by Heather Truscott, Special Programs Consultant; Dave Lyons, Healthy Active Living Consultant; and Cheryl Roffe, Manager of Mental Health Services.



**Feed All Four coordinators Manager of Mental Health Services, Cheryl Roffe, Special Programs Consultant Heather Truscott, and Healthy Active Living Consultant Dave Lyons.**

The motivation to develop the Feed All Four model came from the Ministry of Education’s renewed vision which includes a fourth pillar “promoting well-being.” Based on Maslow’s Hierarchy of Needs and the First Nations Medicine Wheel, Feed All Four connects physical, mental and social/emotional health and wellness to teaching and learning.

Heather, Cheryl, and Dave expressed the need for a focus on strategies that make all people – including students – to feel well and perform to the best of their ability. They referenced research that confirms this need. Supporting the body, mind, spirit, and emotions of an individual increases a sense of well-being, increases connectedness, improves resilience, and increases student achievement. This includes strategies to be active, to



ensure all basic needs are met, and a focus on the importance of looking out for things that are enjoyable, and make people feel well.

The group is working with schools to navigate where they are at in their practices to a way of being that incorporates placing a focus on the needs of the body, mind, spirit, and emotional/social aspects for all members of the school community.

## Administrative Reports:

### Surplus Management

Superintendent of Business Bob Kaye presented a surplus management plan to trustees that span 2015 to 2018. The plan includes initiatives that will be financed from the board's accumulated surplus over the next three years. By identifying these initiatives, the total can then be included as part of the annual budget which will be introduced to trustees next month. Initiatives in the Surplus Management Plan include instructional computers, a tech camp for students, outdoor learning, poverty initiatives, Feed All Four, Mindful Martial Arts, as well as many other supports and initiatives to promote student achievement and well-being.

### Summer School

District Principal Dave Golden shared summer school information with trustees. Each year, a number of courses are offered each to of the secondary schools in TLDSB. There is no cost to students who attend summer school, although parents must provide transportation. Various options are available at secondary schools across the board and include a one credit "Learning Strategies" course and a one credit "Cooperative Education" course. New for the summer of 2015 are three courses: At Huntsville High School "Exploring and Creating in the Arts"; at BMLSS in Bracebridge and LCVI in Lindsay "Fitness"; and at Gravenhurst High School "Drama Production." Interested students can visit [www.tldsb.ca](http://www.tldsb.ca) and look for the Summer School Registration link on the home page.

## Future Meetings:

| MEETING                      | DATE                   | TIME             | LOCATION       |
|------------------------------|------------------------|------------------|----------------|
| Committee of the Whole       | May 12, 2015           | 6:30 p.m.        | Bracebridge    |
| <b>Regular Board Meeting</b> | <b>May 26, 2015</b>    | <b>6:30 p.m.</b> | <b>Lindsay</b> |
| <b>Regular Board Meeting</b> | <b>June 9, 2015</b>    | <b>6:30 p.m.</b> | <b>Lindsay</b> |
| <b>Regular Board Meeting</b> | <b>August 25, 2015</b> | <b>6:30 p.m.</b> | <b>Lindsay</b> |

|                               |                           |                  |                |
|-------------------------------|---------------------------|------------------|----------------|
| Committee of the Whole        | September 8, 2015         | 6:30 p.m.        | Minden         |
| <b>Regular Board Meeting</b>  | <b>September 22, 2015</b> | <b>6:30 p.m.</b> | <b>Lindsay</b> |
| Committee of the Whole        | October 13, 2015          | 6:30 p.m.        | Bracebridge    |
| <b>Regular Board Meeting</b>  | <b>October 27, 2015</b>   | <b>6:30 p.m.</b> | <b>Lindsay</b> |
| Committee of the Whole        | November 10, 2015         | 6:30 p.m.        | Minden         |
| <b>Regular Board Meeting</b>  | <b>November 24, 2015</b>  | <b>6:30 p.m.</b> | <b>Lindsay</b> |
| <b>Organizational Meeting</b> | <b>December 8, 2015</b>   | <b>6:30 p.m.</b> | <b>Lindsay</b> |

All meetings begin at 5:30 p.m. with the In-Camera agenda. The public portion of all meetings begins at approximately 6:30 p.m. Videoconference facilities are available in Minden, Bracebridge, and Lindsay with prior notice to the Communications Department. The live webcast of **Regular Meetings of the Board of Trustees** is found at [www.tldsb.ca](http://www.tldsb.ca).